

Parent & Youth Education

SAFB offers parent and youth education services to schools in Bexar County to deliver the message of Meth Awareness and Prevention. Some of the activities and topics include effective communication skills, helping families cope with stress, home and school connection, dealing with bullies and violence, and strategies that families can use to prevent Meth and other drug use.

Community Education

SAFB collaborates with community and faith based organizations to educate the public about Meth Abuse. SAFB provides presentations at schools, fairs, business brown bag lunches, neighborhoods, and community organizations.

Bexar County Drug Court

SAFB uses a holistic approach to connect families and offenders experiencing Meth abuse through a collaboration with the Bexar County drug courts and the Access To Recovery Program (ATR). The ATR program provides a variety of services such as treatment, recovery support services, spiritual based support activities, counseling, and transitional housing.

For More Information Contact:

The PARENT EDUCATOR,
the COMMUNITY EDUCATOR, or the
DRUG COURT COORDINATOR/
COUNSELOR
at 210-271-7232

Need Help Get Help!

Meth users do not typically recognize they need help. It takes friends, family, and concerned people working with professionals to help the user find treatment. To get information on treatment programs in your area contact the United Way 24-hour Help Line at 210-227-HELP (227-4357).

More Resources

The Patrician Movement
210-533-3504

Elite Counseling
210-822-9493

Preferred Family Health Care
210-224-7714

The Center for Health Care Services
210-731-1300

The Palmer Drug Abuse Program
Call 210-227-2634 main office

SAPD Narcotics Division 207-2470

Substance Abuse Treatment's National Helpline
1-800-662-HELP

24/7 statewide hotline
1-877-9-No-Drug

www.findtreatment.samhsa.gov

www.jointogether.org

www.addictionresponse.org

www.methresources.gov

www.justthinktwice.com

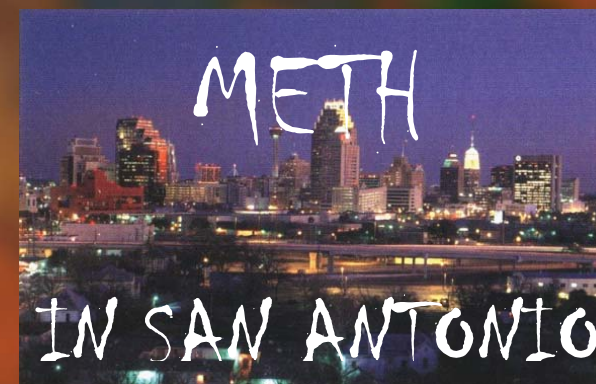
www.nationaldec.org

www.notevenonce.com

www.drugfree.org/endmeth



Funded by a grant from The Substance Abuse and Mental Health Services Administration (SAMHSA) - The Center for Substance Abuse Prevention (CSAP)



San Antonio Fighting Back, Inc. Methamphetamine Prevention Partnership

The purpose is to establish collaborations, direct services, and partnerships in order to prevent and intervene effectively, in the abuse and/or spread of methamphetamine in San Antonio.



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What is Meth?

Methamphetamine is:

- ◆ an addictive drug that affects the nervous system

Methamphetamine is also known as:

- ◆ Meth ◆ crystal
- ◆ crank ◆ ice
- ◆ speed ◆ yaba



Nevada Appeal News

Strawberry Quick

People who use Meth can:

- ◆ become paranoid
- ◆ become violent
- ◆ have social and family problems

SAFB Meth Awareness Program

San Antonio Fighting Back, Inc. (SAFB) will implement strategies to expand prevention and interventions that are effective, evidence-based and increase individual, family and community protective factors. The outcome is designed to decrease risk factors that eradicate and/or minimize a growing "Meth problem" in San Antonio.

SAFB Meth Campaign


- ◆ Implement Meth Prevention education and training programs at schools in high risk target areas
- ◆ Work with the Drug Court Program
- ◆ Mobilize Neighborhoods in the target areas
- ◆ Establish Meth Advisory Board and a Meth Prevention Coalition
- ◆ On-going Public Awareness Campaign through Media & Presentations
- ◆ Create an Epidemiology Work Group
- ◆ Facilitate Town Hall Meetings

Signs & Symptoms of a Meth User

Over the Short Term, Meth can cause:

Increased Alertness	Delusions of Grandeur	Risky Sexual Behavior
Depression	Extreme Weight Loss	Excessive Talking
Problems at School or Work	Increased Heart Rate	Twitching and Jerking
Paranoia	Moodiness	Shortness of Breath
Hallucinations	Sores	Convulsions
Violent Behavior	Grinding Teeth, Clenching Jaw	Sleep Deprivation

Over the long term, Meth can cause:

Insomnia	Lead Poisoning	Hyperactive Behavior
Seizures	Uncontrollable Anxiety or Rage	Loss of Pleasure
Brain Damage	Stroke	Twitching
Panic Attacks	Severe Depression	High Addiction
Malnutrition	Abused and Neglected Children	Impaired Speech
Sores/Scars	Chemical Poisoning	DEATH 

Community & Social Problems of a Meth User:

Joblessness	Homelessness	Child Endangerment
Financial Burdens	Dysfunctional Families	Environmental Hazard
Loss of Family	Drug Related Crimes	Social Problems

Meth on the Rise In Texas

According to SAPD there were 499 Meth cases from January-October 2006 and for that same time period in 2007 there were 570 cases. This is an additional 14% increase on top of last year's 30% increase.

Number of drug-related arrests in San Antonio, 2005-2007

2005	2006	2007
433	587	625

According to the Texas Department of State Health Services, Drug-related treatment admissions in San Antonio increased 76 percent from 2002 to 2005. Of particular note are the amphetamine/methamphetamine related treatment admissions, which more than tripled between 2002 and 2005. Increasing Meth abuse rates are likely the result of the increased availability of Mexican ice (meth) in San Antonio. © South Texas High Intensity Drug Trafficking Area Drug Market Analysis.

Meth Impacts Everyone

The growing Meth problem is a threat to the public and the environment. The production of methamphetamines involves the use of explosive, flammable and cancer-causing chemicals. "The production of Meth is dangerous to those who cook it and use it, but the danger is not limited only to them," said Col. Thomas A. Davis, Jr., Director of the DPS. "Anyone who comes in contact with these labs is exposed to dangers that can produce life-threatening injury, death and destruction of property."

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Meth mouth and "crank bugs" (sores) are long term symptoms of a methamphetamine user.